

***“And the Two Shall Become
One Flesh”***

Ephesians 5:22-33

November 9, 2008

Ephesians 5:28-31

“²⁸ In the same way husbands should love their wives as their own bodies. He who loves his wife loves himself. ²⁹ For no one ever hated his own flesh, but nourishes and cherishes it, just as Christ does the church, ³⁰ because we are members of his body. ³¹ ‘Therefore a man shall leave his father and mother and hold fast to his wife, and the two shall become one flesh.’”

Three Thoughts:

1. Husbands are commanded to love their wives in a certain way, namely, as their own bodies, as their own selves.

*“Thus, husbands ought to love their **own** wives as their **own** bodies. The one who loves his **own** wife loves himself.”*

Three Thoughts:

1. Husbands are commanded to love their wives in a certain way, namely, as their own bodies, as their own selves.
2. What does it mean to love our wives as we love ourselves?...to nourish and cherish them as Christ does the church.
 - a) We have to take the time to listen.
 - b) We have to take the time to act.
 - c) We have to pursue Christ with passion

Three Thoughts:

1. Husbands are commanded to love their wives in a certain way, namely, as their own bodies, as their own selves.
2. What does it mean to love our wives as we love ourselves?...to nourish and cherish them as Christ does the church.
3. The breath-taking groundwork underneath all of this is that husband and wife are one flesh.

“Therefore a man shall leave his father and mother and hold fast to his wife, and the two shall become one flesh.”

1 Corinthians 6:15-16

“¹⁵ Do you not know that your bodies are members of Christ? Shall I then take the members of Christ and make them members of a prostitute? Never! ¹⁶

Or do you not know that he who is joined to a prostitute becomes one body with her? For, as it is written, ‘The two will become one flesh.’”

Key Thought:

*I am one with this woman I'm
called to love and lead!*

The Lord as “Helper”

“The LORD is on my side as my helper; I shall look in triumph on those who hate me” (Psalm 118:7).

“To you the helpless commits himself; you have been the helper of the fatherless” (Psalm 10:14).

“Hear, O LORD, and be merciful to me! O LORD, be my helper!” (Psalm 30:10). “For he delivers the needy when he calls, the poor and him who has no helper” (Psalm 72:12).

Genesis 1:27

“So God created man in his own image, in the image of God he created him; male and female he created them.”

Genesis 5:1-2

“This is the book of the generations of Adam. When God created man, he made him in the likeness of God. Male and female he created them, and he blessed them and named them Man when they were created.”

Ephesians 5:28-31

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